

If your bottle of Carotino didn't come with a Pamper Treat neck tag, don't worry! You can still take part by sending your details on a plain piece of paper, along with your till receipt.

Applications without the official neck tag will be accepted, but applications received without the Carotino till receipt won't be!

Carotino Free Pamper Treat Terms & Conditions:

FREE* Pamper Treat

How to Claim your Pamper Treat Voucher

Simply send your name, address, email address and a till receipt with your purchase of Carotino clearly circled to 'Carotino Pamper Treats/No neck tag,' MKM Concepts Nelson House, Park Road, Timperley, Cheshire, WA14 5BZ. Please mark your application 'NODATA' if you do not wish to be contacted via post in the future by Carotino, please write YES if you wish to receive emails. Closing date for applications is 30.11.08.

*Alternative offers may apply – please check with the venue direct at the time of booking

Terms & Conditions

Offer open to all UK residents. Offer entitles you to a free Pamper Treatment at one of the selected venues/practitioners. No third party or multiple claims accepted. All claims must include an original till receipt. Proof of posting is not accepted as proof of receipt. The promoter and MKM cannot accept responsibility for claims lost, delayed or damaged in the post. Illegible or incomplete claims will not be accepted. Claims not adhering to the Terms and Conditions or the 'How to Claim' instructions will not be processed or accepted. Please allow 28 days for delivery of your voucher. Some age restrictions may apply and **Some participating venues/practitioners have alternative offers, which are detailed in full on the website Venue listing.**

Voucher Terms & Conditions:

This voucher is valid for use until **30.03.09** excluding Bank Holiday periods and special event days. Any additional date restrictions are clearly detailed within the website listing, please see www.carotino.co.uk. Whilst most venues/specialists participate in this promotion year on year, some may change. To avoid possible disappointment, please check with the venue/specialist direct when booking. If you would like more details on locating more venues for your voucher simply call the Customer Careline on 0161 877 1113 (lines open between 9am - 5.30pm). This voucher entitles the holder to one of the following Pamper Treats offers: one free beauty treatment at/with a participating beauty salon/therapist; one free session with a participating personal trainer; one free hour consultation followed by a choice of 2 hours training for the price of one OR a free hour consultation and session with a registered NRPT personal trainer; one free day at a participating gym/health club; one free yoga/pilates class at a participating venue; one free Shiatsu session with a participating practitioner; the first free introductory telephone session to the 'How to Eat' course with a participating Nutritional Therapist (Calls cost no more than 5p per minute for BT customers, other service providers may vary); one hour free Life Coaching telephone session with a participating Life Coach (standard landline rates apply); one free Tai Chi session with a participating instructor; to pay for one reflexology treatment and get your second treatment free (with a participating practitioner). There are alternative offers with some venues/specialists, please check at time of booking. All pamper Treats offers are subject to availability and the venue's/specialists individual terms and conditions that apply at the time of your booking. The offer applies to bookings made in advance only. Please ensure that you

contact your chosen venue/specialist at least 14 days in advance to make your reservation stating that you hold a **'Carotino Pamper Treat'** voucher. This voucher must be taken with you and handed in on arrival. Each venue/specialist has confirmed its willingness to honour a Pamper Treats offer. The promoter and MKM cannot be held responsible for any venues/specialists declining acceptance of a voucher for reasons of their own, nor can they be held responsible should any participating venue/specialist cease to trade. An alternative venue/specialist can be found on the website listing, please see www.carotino.co.uk. This voucher cannot be exchanged for cash or used in any other way than that described. This voucher may be used once only. One voucher per booking, per venue, per customer. New bookings only. Only original vouchers will be accepted. This voucher cannot be used in conjunction with any other offer or promotion. Any exclusions or restrictions are clearly specified in the website listing, please see www.carotino.co.uk. The promoter and MKM cannot be held responsible for any disagreements that may arise, any extra costs, the suitability or otherwise of participating venue/specialist. Any dispute must be settled direct with the venue/specialist concerned. The promoter and MKM shall accept no liability for personal loss or injury at a participating venue/specialist, as far as permitted by law. Age and other restrictions may apply, please check with the venue/specialist direct prior to your session. Individual venues/specialists retain the right to vary prices and availability. Contact venues/specialists direct for details of opening times. Nutritional Therapists and Life Coaches cannot provide clinical sessions and do not address specific health conditions. Nutritional Therapists provide dietary advice only. To book with a Nutritional Coach or Life Coach, you must call 0845 050 2442 (Monday to Friday 9am – 5.30pm). You will then be contacted within 48 hours to arrange a time for your session; you will be given the phone number of your allocated coach and the address to send your voucher to. You must then post your voucher to arrive before your allocated session time. Then simply call your coach/therapist at the agreed appointment time for your session. If either the coach/therapist has not received your voucher, or you do not call at the allocated session time, then you will lose the offer. Some activities may require a certain level of fitness or ability. If you are suffering from any medical conditions or injury, consult your doctor before participating. You may be required to complete a health form. This promotion is administered on behalf of the promoter, Carotino(UK)LTD, First Floor, 188-196 St. Albans Road, Watford, WD24 4AS by **MKM Concepts Ltd, Nelson House, Park Road, Timperley, Cheshire WA14 5BZ.**